



**EVERGREEN COMMUNITY
RECREATION CENTER**
5830 GRAND AVE, DULUTH MN 55807



October

2015

Theresa Mellinger - City of Duluth Senior Center Coord.
Barb - AEOA

(218) 390-9429
(218) 723-3663

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	27	28	29	30	1	2
			12:00 Bridge 12:30 Crafts	Chicken & Dumplings Chocolate Chunk Cookie 12:30 Bingo	Roast Beef Dinner Fresh Fruit 12:15 500 12:30 Cribbage	3
4	Spaghetti Fresh Fruit 12:00 Hand & Foot 12:30 Cribbage	5	6	7	8	9
		Polish & Kraut Fruit 10:30-12:30 Sr Computer 12:15 500 1:00 Women in Stitches	Roast Pork Loin, Pineapple Upside Down Cake 12:00 Bridge 12:30 Crafts	Hashbrown Egg Bake Cinnamon Roll 12:30 Bingo	Special of the Day 10:30 Senior Club Meeting 12:15 500 12:30 Cribbage	10
11	Champagne Chicken Fresh Fruit 12:00 Hand & Foot 12:30 Cribbage	12	13	14	15	16
		Meatloaf Dinner Fruit 10:30-12:30 Sr Computer 12:15 500 1:00 Women in Stitches	Ham Dinner Or ALT Escaloped Apples 12:00 Bridge 12:30 Crafts	Tator Tot Casserole Cake / Icing 10-NOON-FLU SHOTS -bring medicare card 12:30 Bingo	Porcupine Meatballs Cinnamon Applesauce 12:15 500 12:30 Cribbage	17
18	Beef Stroganoff Ice Cream 12:00 Hand & Foot 12:30 Cribbage	19	20	21	22	23
		Boiled Dinner Or ALT Fresh Fruit 10:30-12:30 Sr Computer 12:15 500 1:00 Women in Stitches 1:00 AARP refresher course call 218-730-4319 to register	Cabbage Roll Dinner Fruit 12:00 Bridge 12:30 Crafts	Roast Turkey Dinner Fresh Fruit 12:30 Bingo	Special of the Day 12:15 500 12:30 Cribbage	24
25	Cr of Potato Soup & Cold Meatloaf Sandwich Fresh Fruit 12:00 Hand & Foot 12:30 Cribbage	26	27	28	29	30
		Chili Fruit 10:30-12:30 Sr Computer 12:15 500 1:00 Women in Stitches	Stew & Fresh Fruit 12:00 Bridge 12:30 Crafts	Pulled Pork Sandwich Fruit 12:30 Bingo	Swiss Steak Fruit Crisp w/ Topping 12:15 500 12:30 Cribbage	31